



MEMBERSHIP  
BROCHURE

<sup>03</sup> WELCOME  
TO SURRENNE RIVIERA

<sup>05</sup> WELLNESS  
PIONEERS

<sup>15</sup> THE SPACE

<sup>22</sup> SRRN FITNESS

<sup>27</sup> TREATMENTS

<sup>30</sup> MEMBERSHIP

<sup>33</sup> HOW TO JOIN

SURRENNE RIVIERA MEMBERSHIP IS  
AN INVESTMENT IN YOUR HOLISTIC  
WELLBEING, AND AN EXPLORATION  
OF BOUNDLESS WONDER

Fusing serenity and energy, step into a new era of experiential wellbeing, where genuine change unfolds through contemporary ritual, and the mind, body and soul elevate to new heights. At Surrenne Riviera we seamlessly blend the wonders of the earth, advancements in modern science, and cutting-edge treatments to provide a holistic approach to emotional wellbeing and physical health, sparking wonder and cultivating true longevity. Brought to you by Maybourne.





Designed in harmony with partners at the forefront of modern well-being, the Surrenne Riviera philosophy embodies a new era of total regeneration. Each treatment, each product, each ritual is a bespoke symphony blending the power of plants with the most advanced technologies, to offer truly transcendent experiences.

A new revealing sanctuary on the French Riviera – for the first time in France, Surrenne opens the doors to an exclusive universe to discover its wonders, which I am eager to unveil to you.

Dylan Lechevallier  
Manager at Surrenne Riviera

PIONEERS

OF MODERN

WELLNESS

INTRODUCING OUR  
LEADING PIONEERS  
OF WELLNESS. ALLOW  
OUR EXPERTS TO  
GUIDE YOU TOWARDS  
REJUVENATION

DR. MARK MIKHAIL

Dr. Mark Mikhail graduated from Imperial College London. He trained at Oxford, teaching clinical surgery at Queen's College before moving back to London as a Plastic and Reconstructive surgeon for the NHS.

Dr. Mark is an innovative, longevity expert at the cutting edge. He utilises a holistic and scientific approach, made robust by his ongoing involvement in research and outstanding clinical acumen.



Included at the heart of your Membership is your own personal diagnostic testing, fitness, and consultation protocol. This forms the basis of your Surrenne journey, and our team will support you in achieving your individual wellness goals.



## ROSEMARY FERGUSON

Nutritionist and qualified functional medicine practitioner, Rosemary Ferguson, has brought her expertise to the forefront of wellness for over 10 years.

With a celebrity client roster and an evidence-based holistic health approach, she continues to inspire individuals to make informed, sustainable choices for a healthier, more vibrant life.

## SEBASTIEN LAGREE

As an inventor, CEO and founder of Lagree Fitness, Sebastien Lagree continues to push the boundaries of the fitness industry and is a brand recognised worldwide. It is undeniable that Sebastien Lagree is at the forefront of the evolution of the wellness industry.

The Lagree Fitness method is based on five fundamental pillars of fitness: endurance, cardiovascular capacity, body composition, flexibility and strength.



A WORLD

FULL

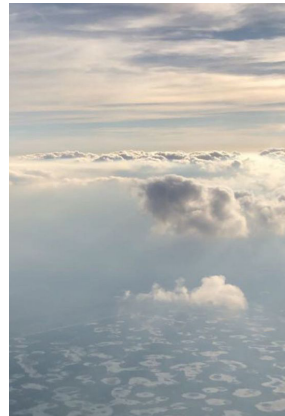
OF

BOUNDLESS

WONDER

# IMMERSED IN DISTINGUISHED DESIGN, AGLOW WITH PERFECTLY CHOREOGRAPHED LIGHT AND AI INFLUENCED SYMPHONIES ORCHESTRATED TO COMPLEMENT THE SENSES

Each floor, designed by Michelle Wu, is a work combining contemporary elegance and transformative wellbeing.



Suspended between sea and sky, Surrenne Riviera reveals an experience of wellbeing rooted in rhythm, fluidity and light. High above the Côte d'Azur, this coastal sanctuary draws upon the elemental power of water to uplift, enlighten and heal - honouring the natural world as a source of ritual and restoration. Here, inner stillness and outer radiance flow together, in cadence with the tide.

A natural therapy: the design draws inspiration from the French Riviera, with subtle touches that celebrate its light, hues, and softness.

This serene and calming space is designed to liberate the mind: the colours, movements, and vastness of the sea act as a balm on the nervous system. Blue, recognised for its calming properties, induces a state of deep calm and naturally reduces stress.

**Treatment Sanctuaries:** Our five treatment rooms, bathed in soft light, are adorned with textures and shades evoking mist, water, and sky. An atmosphere conducive to letting go. Some open onto the sea, extending the horizon into your moment of relaxation. A duo treatment room invites you to experience this moment together.

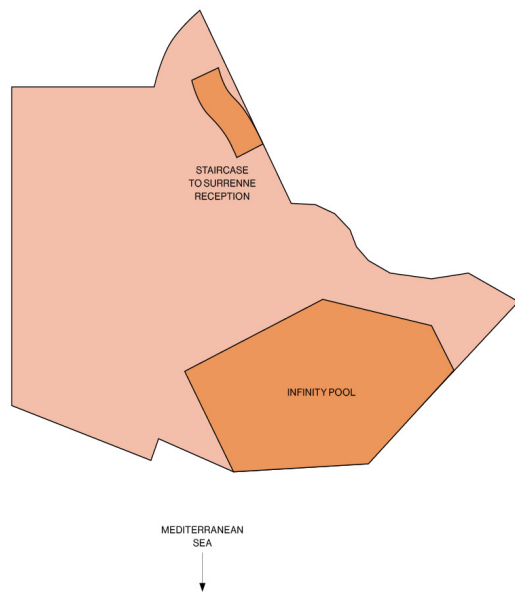
**The Pool:** Immerse yourself in the endless blue of our infinity pool, offering a spectacular view of the sea. This basin seems to merge with the vastness of the sea and sky, creating a unique and soothing swimming experience.

**The Sauna:** A ritual of dry heat, where the body releases, tensions melt away, and the mind regains clarity. The sauna invites you to a deep purification, stimulating circulation and promoting profound relaxation.

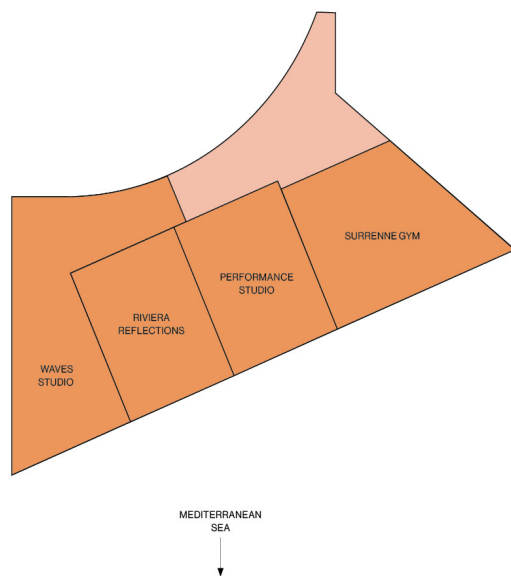
**The Hammam:** An enveloping steam bath, inspired by Eastern traditions, where warm humidity soothes, softens and regenerates. Let yourself be carried away by the beneficial mists of the hammam for a slow, gentle and purifying sensory experience.

**The Cold Plunge:** A striking awakening of the senses, toning and invigorating. Where the cold becomes a source of energy. Immerse yourself in the pure freshness of our cold bath to activate circulation, strengthen the body and revitalise the mind.

## FIRST FLOOR - POOL



## THIRD FLOOR - FITNESS



## SECOND FLOOR - SPA





# SRNN

FITNESS





**Surrenne Gym:** A fitness room dedicated to cardio and muscle strengthening, equipped with high-end equipment, carefully selected from exceptional brands such as Technogym, Pent and Nohrd.

**Waves Studio:** Designed for gentle practices like Pilates, yoga and stretching, to strengthen, relax and soothe the body. In a calm and inspiring atmosphere, each session invites you to reconnect with yourself, breathe deeply and regain the harmony of movement.

**Performance Studio:** Dedicated to customised training, in an environment conducive to effort and concentration. Accompanied by our coaches, each session becomes a moment to progress, refine your movements and reveal your potential.

**Riviera Reflections:** A space for a wide range of private and group classes, in a dynamic and motivating environment. Spinning, Lagree method, circuit training, HIIT, functional training or postural strengthening: each session is designed to awaken the body and recharge your energy.

The experience continues in a recovery space combining light therapy, pressotherapy and a stretching area, for optimal regeneration.

SRNN FOCUSES  
ON CORE STRENGTH AND  
HOLISTIC WELLNESS, RESULTING  
IN PEAK PERFORMANCE AND  
ULTIMATE FITNESS OPTIMISATION

# MODERN RITUALS THAT AWAKEN TRUE TRANSFORMATION

## I NEED IT ALL



60/90 MINUTES

In this tailor-made treatment, an in-depth consultation is conducted to understand your specific needs. A trained and multi-disciplinary therapist will then curate a hour-long service comprising massage techniques from different traditions, including deep tissue, Thai massage, Ayurveda, Shiatsu, and trigger points. This is a particularly effective approach for those suffering from specific aches, pains, or ailments and seeking targeted treatment.

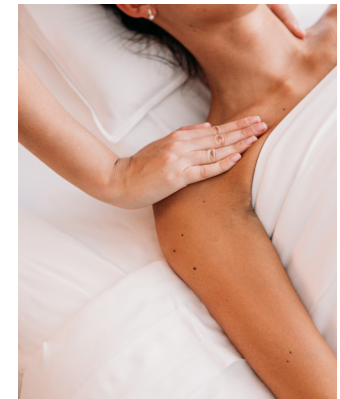
## SUPREME SILHOUETTE



75/90 MINUTES

This expert ritual is designed to sculpt the silhouette, stimulate drainage, and refine the contours through a series of targeted and highly effective techniques. The treatment begins with a draining massage to release water retention and activate lymphatic circulation. It continues with a deep reshaping massage, which reshapes and improves skin tone. As a final touch, maderotherapy – using specially carved wooden tools – stimulates microcirculation and optimises slimming effects.

## BIOSCULPT FACIAL



90 MINUTES

Ideal for those seeking immediate results with a long-lasting effect, this treatment combines biological expertise, cutting-edge technology and an exceptional care ritual. It begins with a thorough skin analysis using the Biologique Recherche diagnostic method. Exclusive professional formulas providing comfort, firmness and intense hydration are then combined with LED light therapy and EMS stimulation. This technological duo stimulates microcirculation, optimises the penetration of active ingredients and activates cell regeneration.



# UNVEIL NEW WORLDS WITHIN AND AROUND YOU

MEMBERSHIP

## SEASONAL MEMBERSHIP INCLUSIONS

Access for three consecutive months, inclusive.

- Access to all Surrenne Riviera spaces including the contrast therapy suite (hammam, sauna, cold plunge), and fitness area. In addition, access to La Piscine and La Môme Riviera with lounge chairs.
- Unlimited access to Surrenne fitness classes, including Lagree.
- A monthly fitness consultation with body composition analysis.
- Three private training sessions.
- A skin diagnosis performed by our beauty experts, followed by a tailored, advanced facial treatment.
- One Signature Treatment.
- Six guest passes.
- Valet and shuttle service between The Maybourne Riviera and La Môme Riviera.
- Welcome gift.
- Complimentary laundry service included for gym apparel.

## MONTHLY MEMBERSHIP INCLUSIONS

- Access to all Surrenne Riviera spaces including the contrast therapy suite (hammam, sauna, cold plunge), and fitness area. In addition, access to La Piscine and La Môme Riviera with lounge chairs.
- Unlimited access to Surrenne fitness classes, including Lagree.
- A fitness consultation with body composition analysis.
- One private training session.
- A skin diagnosis performed by our beauty experts, followed by a tailored, advanced facial treatment.
- Two guest passes.
- Valet and shuttle service between The Maybourne Riviera and La Môme Riviera.
- Welcome gift.
- Complimentary laundry service included for gym apparel.

Preferential rates for all memberships:

- All restaurants and bars (abc kitchens riviera, Riviera Restaurant, Le 300, La Môme Riviera and La Piscine).
- Studio and suite bookings at The Maybourne Riviera.
- All treatments, Surrenne Riviera boutique and Biologique Recherche products.

MEMBERSHIP  
WILL ELEVATE  
YOUR WELLBEING TO  
UNPARALLELED HEIGHTS

EMBARK ON

AN AWE

INSPIRING

JOURNEY

For membership applications or for any assistance with membership, please scan the QR code to contact [membership-riviera@surrenne.com](mailto:membership-riviera@surrenne.com)



SEASONAL MEMBERSHIP:

INDIVIDUAL MEMBERSHIP RATE: 7,000 €  
(+1,000 € joining fee).

JOINT MEMBERSHIP RATE: 12,000 €  
(+ 1,000 € joining fee per person for direct family members only).

MONTHLY MEMBERSHIP:

INDIVIDUAL MEMBERSHIP RATE: 3,000 €  
(+1,000 € joining fee).

JOINT MEMBERSHIP RATE: 5,000 €  
(+ 1,000 € joining fee per person for direct family members only).

